

Park Program Guide September to December 2025



Park Program Guide

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Regional Park spotlight



Mission Creek Regional Park

Experience the beauty of fall colours and the quiet of winter along Mission Creek's forested trails. Watch for kokanee salmon in the spawning channel during autumn, then return in winter for peaceful walks, birdwatching, and crisp seasonal scenery. With year-round trails and the EECO Centre, it's a perfect place to connect with nature in every season.

Park hours:

September 1 – October 14, 6:00 a.m. to 9:00 p.m.

October 15 – December 31, 6:00 a.m. to 6:00 p.m.



Featured fall programs



Colours of the canopy

Celebrate the vibrant hues of autumn on a guided hike through Regional Parks. Discover seasonal changes in plants, wildlife, and forest ecosystems while enjoying the beauty of fall. Registration required.

Lebanon Creek Greenway

Friday, October 10, 10:00 a.m. to 12:00 p.m.

Kalamo Regional Park

Saturday, November 8, 1:00 p.m. to 3:00 p.m.

Scenic Canyon Regional Park

Thursday, November 13, 1:00 p.m. to 3:00 p.m.

Beneath the forest floor

Explore the hidden world beneath the forest floor on a guided hike. Discover how fungi, insects, and other decomposers recycle leaves and organic matter, keeping the ecosystem healthy and thriving. Registration required.

Mission Creek Regional Park

Saturday, September 27, 10:00 a.m. to 12:00 p.m.

Fall into parks

Embrace the colours, sights, and sounds of autumn on a guided walk to learn about seasonal changes in plants and wildlife while connecting with the beauty of the fall landscape. Registration required.

Scenic Canyon Regional Park

Tuesday, September 23, 1:00 p.m. to 3:00 p.m.

Kalamo Regional Park

Thursday, October 16, 1:00 p.m. to 3:00 p.m.

Gellatly heritage & cemetery tour

Step back in time on a guided tour of Gellatly Heritage Regional Park and cemetery. Explore the stories behind the names, dates, and historic buildings, bringing to life the history of the families who once lived here. Registration required.

Gellatly Heritage Regional Park

Saturday, October 18, 10:00 a.m. to 11:00 a.m.

Wednesday, October 22, 2:00 p.m. to 3:00 p.m.

Gellatly Nut Farm tour

Discover the heritage of B.C.'s oldest working nut farm and learn about the Gellatly family's legacy. Enjoy a behind-the-scenes look at the nut harvest process and the unique history of this special place. Registration required.

Gellatly Nut Farm Regional Park

Saturday, September 20, 10:00 a.m. to 11:00 a.m.

Saturday, October 18, 11:30 a.m. to 12:30 p.m.



Fika in the forest

Celebrate cooler weather the Scandinavian way with a guided autumn walk. Follow a park interpreter to a cozy outdoor spot and relax with a hot beverage and tasty treat. Registration required.

Mission Creek Regional Park

Wednesday, October 15, 10:00 a.m. to 12:00 p.m.

Masked bandits

It's spooky season! Join a guided nature walk and discover the animals that are experts at hiding in plain sight. Learn about their clever adaptations and survival strategies. Registration required.

Scenic Canyon Regional Park

Tuesday, October 28, 2:00 p.m. to 4:00 p.m.

Salmon lifecycle

Explore the remarkable journey of kokanee salmon. Each year, thousands travel from Okanagan Lake to their spawning grounds upstream. Learn about their life stages and what makes these fish so extraordinary. Registration required.

Mission Creek Regional Park

Wednesday, September 17, 2:00 p.m. to 3:00 p.m.

Saturday, September 27, 11:00 a.m. to 12:00 p.m.

Shore spawning kokanee

Did you know kokanee salmon spawn along the shores of Okanagan Lake every fall? Learn about these shore-spawning fish and uncover their fascinating behaviours. Registration required.

Bertram Creek Regional Park

Sunday, October 19, 10:00 a.m. to 12:00 p.m.

Frosty footsteps

Bundle up and join a park interpreter for a guided winter hike. Explore trails, frosty landscapes, and the quiet magic of the season in our Regional Parks. Registration required.

Woodhaven Nature Conservancy Regional Park

Sunday, November 30, 1:00 p.m. to 3:00 p.m.

Mission Creek Regional Park

Friday, December 5, 1:00 p.m. to 3:00 p.m.

Discover parks hikes



After the blaze

Join a park interpreter on a guided hike to see how nature heals after wildfire. Discover the resilience of the ecosystem, signs of renewal, and how plants and wildlife adapt and thrive in recovery. Registration required.

Rose Valley Regional Park

Saturday, November 1, 10:00 a.m. to 12:00 p.m.

Bears of the Okanagan

Discover the bears that call the Okanagan home. Learn about their seasonal movements, behaviours, and habitats, and explore how people and bears can safely coexist in shared spaces. Registration required.

Scenic Canyon Regional Park

Sunday, September 14, 1:00 p.m. to 3:00 p.m.

Geology of the Okanagan

Explore the fascinating world of geology in Regional Parks. Discover unique rock formations and learn about the extraordinary events that shaped the Okanagan Valley as it exists today. Registration required.

Scenic Canyon Regional Park

Saturday, November 1, 1:00 p.m. to 3:00 p.m.
Sunday, November 16, 1:00 p.m. to 3:00 p.m.

Hidden gems

Join a park interpreter on a guided hike to uncover the hidden treasures of our Regional Parks. From unusual natural features to breathtaking viewpoints, discover the special spots that make each park unique. Experience the parks' beauty this autumn and winter. Registration required.

Scenic Canyon Regional Park

Saturday, September 20, 1:00 p.m. to 3:00 p.m.

Mission Creek Regional Park

Saturday, September 27, 1:00 p.m. to 3:00 p.m.
Friday, November 21, 1:00 p.m. to 3:00 p.m.

Trepanier Creek Greenway Regional Park

Saturday, October 11, 10:00 a.m. to 12:00 p.m.

sntsk'il'ntən - Black Mountain Regional Park

Tuesday, October 21, 1:00 p.m. to 3:00 p.m.
Saturday, November 15, 1:00 p.m. to 3:00 p.m.

Lebanon Creek Greenway

Saturday, November 8, 10:00 a.m. to 12:00 p.m.

Kalamo Regional Park

Saturday, December 6, 10:00 a.m. to 12:00 p.m.

It's the climb

Take on a guided hike with rewarding ascents and stunning views. These physically challenging hikes offer spectacular vistas with every step, ideal for those looking for an active outdoor adventure. Registration required.

Rose Valley Regional Park

Sunday, November 2, 10:00 a.m. to 12:00 p.m.
Saturday, November 15, 10:00 a.m. to 12:00 p.m.

Syilx land tour

Join syilx knowledge keeper and artist iskwist spaxwawlm (Northern Lights), Krystal Lezard, for a guided walk. Through stories, teachings, and connection to place, Krystal shares syilx values, customs, and history, offering participants an opportunity to experience the land through a syilx lens. Registration required.

sntsk'il'ntən - Black Mountain Regional Park

Thursday, November 6, 9:00 a.m. to 12:00 p.m.



Mill Creek meander

Explore the peaceful trails of Mill Creek Regional Park, tucked just east of the Kelowna airport. Wander through shaded cedar forests to scenic waterfalls while learning how this park supports local wildlife as a critical corridor. Registration required.

Mill Creek Regional Park

Saturday, November 22, 1:00 p.m. to 3:00 p.m.

Wisdom of the trees

Discover the fascinating lives of trees and their connections to one another. This hike highlights concepts from Peter Wohlleben's *The Hidden Life of Trees*. Registration required.

Mission Creek Regional Park

Thursday, September 18, 2:00 p.m. to 4:00 p.m.

Whose track is that?

Winter brings a flurry of activity to Regional Parks! Learn to interpret the tracks and signs left by wildlife. Discover which animals are in the area, what they're up to, and the secrets of eco-tracking. Registration required.

Mission Creek Regional Park

Thursday, December 11, 10:00 a.m. to 12:00 p.m.

Evening programs



Full moon hikes

Celebrate each full moon with a guided evening hike through Regional Parks. Experience the magic of moonlit trails, learn about lunar cycles and natural rhythms, and connect with the night-time landscape. Registration required.

Johns Family Nature Conservancy Regional Park

Tuesday, October 7, 7:00 p.m. to 9:00 p.m.

Wednesday, November 5, 7:00 p.m. to 9:00 p.m.

The nocturnals

Step into the mysterious world of the night and discover creatures that come alive after dark. From owls to moths, explore their hidden lives and learn about their important roles in the ecosystem. Experience the magic of the forest under the stars. Registration required.

sntsk'il'ntən - Black Mountain Regional Park

Wednesday, October 15, 6:00 p.m. to 8:00 p.m.

Mission Creek Regional Park

Wednesday, October 29, 4:00 p.m. to 6:00 p.m.

Wonders of the night sky

Marvel at the beauty of the cosmos on a guided interpretive hike. Learn about stars, constellations, and the mysteries of the night sky while experiencing the park after dark. Registration required.

sntsk'il'ntən - Black Mountain Regional Park

Thursday, November 20, 6:00 p.m. to 8:00 p.m.



Moonlit trails

Join our interpreters for an evening adventure along the trails. Discover favourite stargazing spots, then gather around a cozy bonfire with a cup of hot chocolate. Enjoy the perfect mix of city lights, wilderness, and night sky. Registration required.

Mission Creek Regional Park

Thursday, December 11, 5:00 p.m. to 7:00 p.m.

Solstice by starlight

Mark the approach of the winter solstice with a guided evening hike. Discover the night sky and experience the quiet beauty of this turning point of the year. Registration required.

Scenic Canyon Regional Park

Thursday, December 18, 6:00 p.m. to 8:00 p.m.



Walking & hiking clubs



Hike club

Rise and shine with our weekly morning hikes! Explore scenic trails, get active, and connect with nature. Designed for those seeking a moderate to challenging workout or a more adventurous hike. Registration required.

Thursdays, October 2 to November 27, 9:00 a.m. to 11:00 a.m.

sntsk'il'nten - Black Mountain Regional Park

Thursday, October 2, 9:00 a.m. to 11:00 a.m.

Scenic Canyon Regional Park

Thursday, October 9, 9:00 a.m. to 11:00 a.m.

Johns Family Nature Conservancy Regional Park

Thursday, October 16, 9:00 a.m. to 11:00 a.m.

Kalamo Regional Park

Thursday, October 23, 9:00 a.m. to 11:00 a.m.

Lebanon Creek Greenway

Thursday, October 30, 9:00 a.m. to 11:00 a.m.

Rose Valley Regional Park

Thursday, November 13, 9:00 a.m. to 11:00 a.m.

Scenic Canyon Regional Park

Thursday, November 20, 9:00 a.m. to 11:00 a.m.

Mission Creek Regional Park

Thursday, November 27, 9:00 a.m. to 11:00 a.m.

Walking club

Enjoy a weekly walk-through local trails, taking in the changing seasons and the natural beauty of the parks. Connect with others, get moving at a comfortable pace, and make time to enjoy the outdoors. Registration required.

Mission Creek Regional Park

Tuesdays, September 16 to December 9, 9:00 a.m. to 10:00 a.m.

Community events



kikinee festival

Mark the return of the spawning kokanee with a full day of family-friendly fun! Enjoy music, explore First Nation connections, and join a guided walk to watch the salmon heading up the creek. Arrive early to secure parking for this signature park event.

Mission Creek Regional Park

Saturday, September 13, 10:00 a.m. to 2:00 p.m.

Nut Harvest festival

Celebrate the autumn harvest at B.C.'s oldest working nut farm! Enjoy music, explore local crafters' booths, and take part in family-friendly activities. Stroll through the century-old nut orchard, learn about the history and operations of the farm, and gather walnuts, chestnuts, hazelnuts, and more.

Gellatly Nut Farm Regional Park

Saturday, October 4, 10:00 a.m. to 2:00 p.m.

Spooktacular

Have a ghoulishly good time this Halloween! Dress in your favourite costume and take a spooky walk along the trails, enjoying the creatively carved pumpkins lighting the way. A fun celebration for all ages!

Mission Creek Regional Park

Saturday, October 25, 5:00 p.m. to 8:00 p.m.



Nature-inspired art



Watercolours in nature

Immerse yourself in the calming art of watercolour painting, inspired by the beauty of nature. Explore your creativity and bring the outdoors to life on paper. No experience necessary and all supplies are provided. Registration required.

Gellatly Nut Farm Regional Park

Saturday, September 20, 11:00 a.m. to 1:00 p.m.

Saturday, October 18, 11:00 a.m. to 1:00 p.m.

Mission Creek Regional Park

Friday, October 10, 1:00 p.m. to 3:00 p.m.

Robert Hobson Environmental Education Centre – EECO

Saturday, November 15, 10:00 a.m. to 12:00 p.m.

Winter watercolours

A seasonal twist on our popular Watercolours in Nature program! Explore your artistic side and create nature-inspired artwork reflecting the sights and colours of winter. No experience is required and all art supplies are provided. Registration required.

Ellison Heritage Community Centre

Saturday, November 22, 11:00 a.m. to 1:00 p.m.

Robert Hobson Environmental Education Centre – EECO

Saturday, December 6, 10:00 a.m. to 12:00 p.m.



Pumpkin carving workshop

Join us for a fun pumpkin carving session in preparation for our Spooktacular event! We provide the pumpkins and tools — you bring the creativity. Leave your carved pumpkin with us for display and cleanup, and watch your spooky creations help light up the pumpkin trail. Registration required.

Mission Creek Regional Park

Saturday, October 25, 11:00 a.m. to 1:00 p.m.

Saturday studio

Join us at Ellison Heritage Community Center for a relaxed, all-ages arts and crafts event. Whether you're young or young at heart, explore your creativity in a welcoming, fun environment. Registration required.

Ellison Heritage Community Centre

Saturday, November 1, 11:00 a.m. to 1:00 p.m.

Nature inspired ornaments

Create your own unique ornaments using natural materials! Join a park interpreter and craft decorations inspired by the colors, textures, and shapes found in the park. Registration required.

Robert Hobson Environmental Education Centre – EECO

Saturday, December 6, 1:00 p.m. to 3:00 p.m.

Winter wreath workshop

Celebrate the beauty of winter by crafting your own evergreen wreath! Learn hands-on techniques to create a festive, fragrant decoration to take home and enjoy throughout the season. All greenery and supplies are included in the \$25 fee; please bring hand pruners and gardening gloves. Registration required.

Mission Creek Regional Park

Tuesday, November 25, 2:00 p.m. to 4:00 p.m.

Thursday, November 27, 2:00 p.m. to 4:00 p.m.

Gellatly Nut Farm Regional Park

Wednesday, December 3, 1:00 p.m. to 3:00 p.m.

Kids in nature



Roll & stroll

Caregivers and their little ones are invited to our weekly walking group! Enjoy the outdoors together, recharge in a supportive community, and connect with other families. After the walk, gather in the EECO for some social time. Registration required.

Mission Creek Regional Park

Robert Hobson Environmental Education Centre – EECO
Thursdays, October 2 to November 27, 10 :00 a.m. to 11:30 a.m.

Story time

Embark on weekly adventures with nature-themed stories, crafts, songs, and activities for children ages 3–5. A fun, interactive way to explore the wonders of the natural world. Registration not required.

Robert Hobson Environmental Education Centre – EECO

Tuesdays, September 2 to December 16, 10:00 a.m. to 11:00 a.m.
No Story Time program on Tuesday, September 30

Sunday story time

Join us for a special weekend story time in the great outdoors. Enjoy nature-themed stories and activities, perfect for young explorers and their families. Registration not required.

Robert Hobson Environmental Education Centre – EECO

Sunday, September 14, 10:00 a.m. to 11:00 a.m.
Sunday, September 21, 10:00 a.m. to 11:00 a.m.



Night sky club for young explorers

Discover the secrets of the nocturnal world in this exciting 4-week program for youth ages 9–12. Explore nighttime wildlife, from animals to birds, and learn to read star charts. Each week features new adventures, including fun outdoor games and night sky-inspired arts and crafts. With a different focus every session, this program offers a fresh and engaging experience each time. Registration required. **Four week program cost \$40 per person.**

Robert Hobson Environmental Education Centre – EECO

Wednesdays, November 5 – November 26, 3:30 p.m. to 5:30 p.m.



Volunteer activities



Thank you to all the volunteers who supported our programs, events, and ECO Action Days throughout the year! Stay tuned for new opportunities to get involved in 2026.



Partners in parks



CRIS Adaptive

Adaptive Adventures

Want to join one of our guided hikes or walks but you have accessibility challenges? Reach out to our partners at CRIS Adaptive Adventures. They support inclusive participation in any of our programs or activities through the use of adaptive trail equipment and specially trained support staff. If you need additional support due to physical, cognitive, or sensory barriers, then CRIS wants to help make nature accessible to you!

With the right team, experience, and adaptive equipment, CRIS ensures that everyone can join the adventure.

To learn more or request support for an RDCO program, visit: AdaptiveAdventures.ca



Scan to register for
upcoming programs
and events



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